



The Male Body An Owner's Manual: The Ultimate Head-to-Toe Guide to Staying Healthy and Fit for Life

By Caine, Kenneth Winston & Perry Garfinkel & The Editors of Men's Health Books

Rodale Books, Health, 1996. Hardcover. Book Condition: New. All orders ship with in 24 hours except Sundays & Holidays, with a tracking #. Items ship from the US. International orders may take longer for you to receive because of customs. Contact us if you have more questions before your purchase we will get back to you within 24 hours. ; 9.10 X 7.60 X 1.10 inches; 432 pages.



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- **Dr. Everett Dicki DDS**