



## The Science of Transitioning: A Complete Guide to Hair Care for Transitioners and New Naturals

By Audrey Davis-Sivasothy

Saja Publishing, United States, 2014. Paperback. Book Condition: New. 255 x 180 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Thinking about making the journey back to natural? Here s your roadmap. Thinking outside the box is not always easy-especially when you ve had a long-term relationship with your relaxer. And, of course, rocking gravity-defying kinks and coils comes with another set of unique joys and challenges. The Science of Transitioning: A Complete Guide to Hair Care for Transitioners and New Naturals is your essential, all-inclusive guide to the journey back-written exclusively for those who are chemically relaxed and considering the natural journey, those who are taking their first steps back to natural and those who have already gone all in! Unleash your hair s fullest potential, and learn how to care for the natural kinks, coils and curls you were born with. Great for those who are: Currently relaxed and considering natural hair Transitioners (Long-term and short-term transitions) New Naturals (Recently chopped, or natural for less than 2 years) You will learn: How chemical relaxers really affect the hair and scalp. How to transition while keeping your hair as healthy as possible. The best products...



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