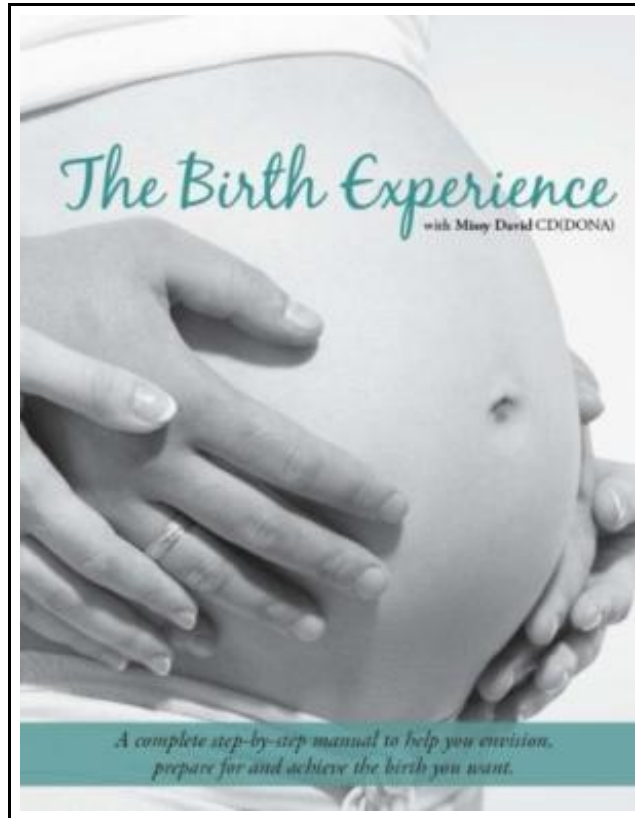


## The Birth Experience: Childbirth Training Manual



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Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Prepare and equip yourself to have the birth experience you desire. Using original content authored by Missy, as well as up-to-date, evidence based resources, The Birth Experience helps you understand the physiological process of Normal Birth, while also offering non-biased information about every intervention and procedure you might encounter in your birth setting. Whether you plan to birth at home, in a birth center or hospital, medicated or unmedicated, The Birth Experience allows you to create your own positive and memorable experience. You will walk away from class informed, empowered and confident that you can achieve your birth goals and be an active participant and decision maker in your birth experience. What others are saying about The Birth Experience: Missy does a great job covering the most important parts of labor and delivery. Of course everything about having a baby is important, but The Birth Experience perfectly addresses what you need to know beforehand. Having gone through the classes and having our baby, I didn't feel like anything came up during my experience that I wasn't prepared for. There's really no reason not to go. What's more important than learning about the process in which you bring your child into this world? - Melissa, doula client and class participant I used this manual as a guide by which to write my birth plan. As a first time mom-to-be, the process was a bit intimidating, there were so many things to think about, but this manual helped make it more approachable. The manual explained the different choices, helping me make informed decisions without trying to steer me in one direction or the other. I would...



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